

CURRICULUM VITAE

MITCHELL ROSS LEBOWITZ, MD FACE EQAC, PC, CC

- Certifications:**
- 1986: Diplomat, American Board of Internal Medicine
 - 1988: Diplomat, National Board of Medical Examiners Internal Medicine
 - 1991: Endocrinology, Diabetes and Metabolism
 - 2002: Endocrinology, Diabetes and Metabolism (Re-cert)
 - 2017: National Board of Physicians and Surgeons (re-Certification for Endocrinology, Diabetes and Metabolism)
 - 2019: Emotional Intelligence Practitioner/Assessor, Six Seconds
 - 2019: CITI Certified, Le Moyne College, DeWitt N.Y.
 - 2019: National Board of Physicians and Surgeons (re-Certification for IM, Endocrinology, Diabetes and Metabolism)
 - 2021: National Board of Physicians and Surgeons (re-Certification for IM, Endocrinology, Diabetes and Metabolism)
 - 2021: International Coaching Federation, PCC coach
 - 2023: CITI Certified, Le Moyne College, DeWitt N.Y.
 - 2023: National Board of Physicians and Surgeons (re-Certification for IM, Endocrinology, Diabetes and Metabolism)
- Medical Licensure:**
- New York State #168990-1
- Education:**
- 1981: B.A., State University of New York (SUNY) at Oswego, Magna Cum Laude
 - 1985: M.D., SUNY Health Science Center at Syracuse (Upstate Medical University) Cum Laude
- Medical Training:**
- 1985-1988: Internship and Residency, Internal Medicine, SUNY Health Science Center at Syracuse (Upstate Medical University)
 - 1988-1989: Chief Residency, Department of Medicine, SUNY Health Science Center at Syracuse (Upstate Medical University)
 - 1989-1991: Fellowship, Section of Endocrinology Diabetes, and Metabolism, Department of Medicine,

SUNY Health Science Center at Syracuse (Upstate Medical University)

Employment:

Medical Director Physician Assistant Program

11/2017- present

Le Moyne College,
DeWitt, N.Y.

Chief Medical Officer

11/2017- present

MAS Medicaid Transportation Company
Syracuse, N.Y.

**Endocrine Hospitalist/Inpatient Diabetes Program
Director**

2010 – present

Crouse Hospital
Syracuse, N.Y.

**Founder, Developer, Instructor, Physician
Wellness/Burnout Program**

2017 – 2020

Jewish Community Ambassador

1/2018 -6/2019

Jewish Federation of Central New York
DeWitt, N.Y.

Consultant – anonymous reviewer of malpractice cases

2007 to 2020

Medical Liability Mutual Insurance Company/Berkshire
Hathaway, Syracuse, New York

Senior Medical Quality Director

2010 - 2017

Crouse Hospital
Syracuse, N.Y.

General Medicine Hospitalist

2008 - 2010

Veterans Administration Hospital
Syracuse, New York

Medical Director/Endocrinologist

2004 - 2007

Diabetes and Endocrine Center at Brittonfield

East Syracuse, New York

Founder, Medical Director, Endocrinologist

1998 - 2004

Crouse Endocrine and Diabetes Center
Syracuse, New York

Internal Medicine, Endocrinology, Diabetes and Metabolism

1991-1998

Internists Associates of Central New York, P.C.
Syracuse, New York

Honor Society:

Alpha Omega Alpha

Awards:

Undergraduate:

1981: Zoology Student of the Year

1981: Student Athlete of the Year, Basketball Team

Graduate:

1983: CIBA Student Award for the Community Service

1983-4: Dean's List of Commendation

1985: Medical School Graduation Award: Stuart I.
Gurman Award for Living and Learning

Postgraduate:

1989: William A. Schiess Award for Loyalty and
Dedication to the Medical Profession

1996: The American College of Physicians:
Preceptorship Award

1996-1997: Best Doctors of America
Northeast Region Edition

2001: Juvenile Diabetes Research Foundation Honoree

2001-08: Best Doctors in America

2001: Fellow of American College of Endocrinology

2008: Honorary Chair, with my wife, Vera House
Gala (Home for Domestic Violence)

2010: Upstate Medical University Resident Teaching
Award

2013: Excellence in Healthcare, Education, HAC NO Team

2017: Service Award from the Onondaga County Medical Society (Physician Wellness/Burnout Course)

2020: Physician Advocate of the Year, New York State Society of Physician Assistants

Publications:

Hootnick DR, Packard DS, Levinsohn EM, Lebowitz MR, and Lubicky JP. The Anatomy of A Congenitally Short Limb with Clubfoot and Ectrodactyly, Teratology. 1984; 29: 155-164

Streeten DHP, Anderson GH, Lebowitz MR and Speller PJ. Hyperepinephrinemia: A New Remedial Syndrome. Archives of Internal Medicine. 1990; 150: 1528-1533

Lebowitz MR, Moses AM, and Scheinman SJ. Effects of Atrial Natriuretic Peptide on Metabolism of Arginine Vasopressin by Isolated Perfused Rat Kidney. American Journal of Physiology, 1992; 263:273-278

Feurerstein BI, Blumenthal SB, Lebowitz MR and Weinstock R. Severe Hyperkalemia in two Patients with Diabetes and Cosyntropin Administration. Journal of Diabetes and Its Complications. 1992; 6:203-206

Lebowitz MR and Blumenthal SB. Factitious Hypoglycemia Using Insulin: C Peptide Molar Ratio. Archives of Internal Medicine. 1993; 153:650-655

Lebowitz MR and Moses AM
Hypocalcemia, Seminars in Nephrology
1992; 12:146-158

Lebowitz, MR Book entitled, "Losing My Patience; Why I Quit the Medical Game" published Gegensatzpress 6/09.

Abstract: Bilateral Adrenal Hemorrhage Without Adrenal Insufficiency. AACE national meeting. May 2014

Pharmaceutical Company Sponsored Clinical Research:

Sterling Winthrop: Toludrinatate Clinician, 1992–1994

Anaquest: Recombinant Albumin, Clinician, 1994

Bristol Myers: Saxagliptin 2007

Medical Center Committees:

Student Representative, Search Committee for Office of
President SUNY Health Science Center Syracuse
(Upstate Medical University), 1985

Student Representative SUNY Health Science Center
Syracuse (Upstate Medical University), College Council
1982-1985

Executive Member of Graduate Student Council 1982-1985

Crouse Hospital Medical Records Committee 1997

Crouse Hospital Pharmacy and Therapeutics 1994-1996

Upstate Medical University Faculty Committee

Reorganization of Residency Program 1994

Flow Committee, Syracuse VA Medical Center (SVAMC),
2008-09

Root Cause Analysis committee, SVAMC, 7/09

Membership in Professional Organizations:

American Association of Clinical Endocrinologist
Endocrine Society

American Diabetes Association

Abstracts:

Lebowitz MR, Moses AM, Scheinman SJ.
Metabolism of Arginine Vasopressin in
Presence of Atrial Natriuretic Peptide in
Isolated Perfused Rat Kidney. Presented
Great Lakes Endocrine Society, Eastern Regional
American Foundation for Clinical Research. 1991

Lebowitz MR, Roberts LJ, Remediable Chronic
Fatigue: Systemic Mast Cell Activation Without
Evidence of Mast Cell Proliferation. Presented Regional
American College of Physicians Meeting, 2nd Place. 1989.

Lebowitz MR, Acevedo R, Steinmann R, Longo J, Topor
C, Shopiro L, Pikarsky R. Telemetry Order Form Reduced
Telemetry Pack Usage. Presented at National ACCP
meeting, Honolulu Hawaii, October, 2011

Presentations:

American Society of Family Practice Grand Rounds
Kansas City, Missouri, Students Supporting Students 1985

Upstate Medical University at Syracuse, N.Y.
Clinical Pathological Correlation 1988

Community General Hospital, Syracuse, New York:
Update in Diabetes Mellitus 1992, 2003
Update in Hyperlipidemia 2004

Good Samaritan Hospital, Watertown, New York
Update in Diabetes Mellitus 2005

Family Practice Teaching Day sponsored by St. Joseph's
Hospital, Syracuse, New York, Department of Family
Practice: Update in Thyroid Disease 1996, 2004 and DM
2006-7

Syracuse University Health Center: Update in Polycystic
Ovarian Syndrome 2006

American Diabetes Association Teaching Day 1994

American Diabetes Association Teaching Day
Keynote Address 1996

Pharmaceutical Sponsored Lectures:
Topics: Diabetes Mellitus, Obesity, Thyroid disease,
Osteoporosis, Hypertension and Hyperlipidemia (frequent
lecturer, 1996-6/08)
Companies: Novartis, Eli Lilly, Novo Nordisk, Abbott,
Solvay, Auxillum, Merck, Glaxo Smith Kline, Bristol
Myers Squibb, Sanofi, Astra Zeneca, Pfizer, Aventis

Family Practice House Staff, Nurse Practitioners, and IM
Morning Report (frequent lecturer, 1991-present)

Keynote Speaker at the Onondaga County Medical Society
Healthcare Symposium, June, 2008

Lecturer at Syracuse VA Medical Center, Primary Care
Conference: Thyroid Disease 9/08, Hyperparathyroidism
1/09, Endocrine Testing 1/10

Lecturer VA Midlevel Teaching Day, "What Endocrine
Test Should I Order Now?" 10/09

Guest Lecturer, First Year Medical Students, Case Assessment and Management, "Celiac Sprue," 4/10

Lecturer NYS NP Syracuse Chapter Teaching Day, "Update in Diabetes" 6/10

Multiple Presentations on Health Care Reform and my book, "Losing My Patience." 2009 - 10

Motivational Speech, "Servant Leadership" 2013
Crouse Hospital Management Meeting

Panelist for Partnership for Patients 10/2013
Utica and Rochester

Guest Lecturer at MGMA regional meeting,
"Perspective on Quality: Living the Dream"
Syracuse NY, 11/2013

Physicians Retreat
"The Value of Empathy"
Crouse Hospital, 10/2014

Meet our Hospitalists/PCP presentation
"Thyroid FUNction testing- case presentations"
5/2015

Crouse Physician Leadership Development Program:
"Similarities and Differences between being a Clinician
and a Physician Leader" 2/2015
"Relationship between Quality and Finance" 10/2015
"The Patient Experience" 11/2015
"Culture Drives Quality" March, 2016

Crouse Management Retreat
"Understanding Our Physicians for a Stronger Future"
October 2015

Presentation to Crouse Board of Directors and many other
groups at Crouse Hospital
"Crouse Quality: Building on a Strong Foundation for an
Even Stronger Future" 2015-16

Nurse Practitioner Teaching Day

“A Lifetime of Diabetes”
An Update in Diabetes
10/2015

Meet our Hospitalists meeting
“What diabetes treatment would you order next?”
April, 2016

Transitions of Care Symposium
“Readmission Reduction: We are all in this together”
June, 2016

Monthly Clinical Grand Rounds, Crouse Hospital
“Choosing Wisely: Crouse Style. What are we doing and
how are we doing?”
June, 2016

“Triple Aim: Did Crouse Hit the Mark?” January 2017
Presentation to the Crouse Medical Staff at the semiannual
meeting

Physician Wellness presentation.
Key Note speaker at Wellness Programs
September 2016 and March 2017

“Physician Wellness: Strategies to be your best” Six 2 –
hour sessions over six months beginning March 2017
through August 2017; Weekend Symposium 12/2017
Watertown N.Y.

Master of Ceremonies, Crouse Choice Awards 2016, 2017

Code Blue: Enhance Physician Wellness Now!
Grand Rounds January, 2018 St. Joseph’s Hospital,
Syracuse, N.Y.

What Endocrine Test Would You Order Next?
Community Memorial Hospital CME, January, 2018
Hamilton, N.Y.

Code Blue: Enhance Physician Wellness Now!
MGMA Regional Conference, March 2018
Liverpool, N.Y.

Diabetes: Past, Present and Future

Century Club, March, 2018
Syracuse, N.Y.

The Life in a Day of a Person with Diabetes
Lemoyne PA program, March 2018, March 2019
Dewitt, N.Y.

The Secret to Being a Successful PA: Emotional
Intelligence, April 2018
Le Moyne College
Dewitt, N.Y.

Inpatient Management of Diabetes:
Pitfall, Perils and Pearls, May, 2018, October 2018
Crouse Hospital Medial Grand Rounds
Syracuse N.Y.

Physician Wellness Program for Upstate Medical
University Quality Division
June, 2018
Syracuse, N.Y.

Physician and Spouse Wellness Program
Sponsored by Onondaga County Medical Society and
Excellus Blue Cross/Blue Shield
June, 2018, March 2019, October 2019
DeWitt, N.Y.

Keynote Presentation at Physician Assistant White Coat
Ceremony, June 2018
Le Moyne College, DeWitt N.Y.

What Endocrine Test Would You Order Next?
Presentation to 2nd year Le Moyne College PA Students
January and November 2019,

The Life in a Day of a Person with Type 2 Diabetes
Presentation to 2nd year Le Moyne College PA Students
March, 2019, February 2020

Management of Diabetes in the Emergency Department
February, April and September 2019
Crouse Hospital Emergency Department

Leadership Assessment

Eagle Beverage, Oswego N.Y.
January 2020

Conflict Resolution
MAS Field Liaison Staff
January 2020
Syracuse N.Y.

The Power of Emotional Intelligence in Your Personal and
Professional Life
January 2020
Professional Development/Leadership Course
St. Elizabeth's Hospital
Utica, N.Y.

Strategies to Enhance Physician Wellness and Resilience
February 2020
Sponsored by Excellus BC/BS
Ithaca N.Y.

The Secret Ingredient to Becoming a Successful PA
Presentation to 2nd Year Le Moyne PA students
March 2020

Get in the Zone:
Find Equilibrium to Cope with
COVID-19 and Beyond
Growing U, Six Seconds
April 2020

The Secret Ingredient to Becoming a Successful PA
Presentation to 1st Year Le Moyne PA students
September 2020

Workshop On Self Awareness
First Year Le Moyne PA Students
November 2020

Using Emotional Intelligence to Improve the Patient
Experience
Healthfirst
November 2020

How EQ and Empathy Can Reduce Racism
Healthfirst
December 2020

How Biases can Impact Healthcare and What We Can Do About It

VIP Community Services

January 2021

Emotional Intelligence Workshops Le Moyne College PA program 9/2020 – current.

Closing Remarks

Le Moyne College PA Graduation 8/2021, 8/2023

Baseline EQ Predicts First Year PA Students Success

National PAEA Education Forum

San Diego, California

October 2022

Strategies to Help Struggling PA students NYSSPA Annual Meeting Saratoga N.Y.

October 2022

EQ research presentation to Six Seconds; 3/2023

Using the EQ Zone in Healthcare: What's in it for you.

Healthfirst, Harlem United, 7 – 9/2023

Relationships Predicts Academic Outcomes in PA Students

National PAEA Education Forum

New Orleans, Louisiana

October 2023

Take Care of Yourself First Using the EQ Zone Sharp

Medical Center San Diego Grand Rounds February 2024

Integrate Emotional Intelligence Into Your PA Curriculum

National PAEA Education Forum

Washington, DC

October 2024

Community Service

President, Board of Directors

Syracuse Hebrew Day School (SHDS) 2000-2001

Vice President SHDS 1997-1999

Chairman of Long-Range Planning Committee SHDS

1996-1997

Finance Committee SHDS 1998-2001

Coach: Girls Softball 1996-2000

Girls and Boys Basketball 1996-2003

Boys Flag Football 1998-2000

Boys Baseball 2000, 2002, 2003

Board of Trustees and Ritual Committee Member,
Congregation Beth Shalom-Chevra Shas (CBS-CS), 2008-
2009

Vice President of Ritual Committee, CBS-CS, 2009-2011

Executive Vice President, CBS-CS, 2011-2013

President, Board of Trustees, CBS-CS, 2013- 2015

Community Relational Judaism Leader of Steering
Committee (CoJO), 2015-2019

Membership Vice President, CBS-CS, 2016-2017

Board of Trustees, Jewish Federation of CNY, 2016 – 2020

Vice Chair, Strategic Planning Committee, Jewish
Federation of CNY, 2017 - 2020

Syracuse University Hillel Board of Governors
June, 2018 - 2021

Syracuse University Hillel, Chair of the Community
Engagement Council, 2019

Rabbi Search Committee
Congregation Beth Shalom- Chevra Shas
October 2019 – April 2020

Men's Club President/Board of Trustees Member
Congregation Beth Shalom- Chevra Shas 9/2022 - present

Advisory Board Member
Bryant and Stratton Nursing School
Syracuse NY
2022 – current

Chair Financial Sustainability Committee
Congregation Beth Shalom- Chevra Shas
January 2024 - present